

EnKA®CAB Course Submission Form
Category A

1. Title of class: _____
Developer(s): _____
School: _____
2. Brief Course Description:

3. Learning Outcomes: (What information you intend them to come away with)
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
 - f. _____
 - g. _____
4. Delivery of Course Material Break-down **Teaching** _____ **Practice** _____
Homework _____ **Other** _____
5. Prerequisites for the Course:

6. Total Number of Hours for Course **Face-to-Face** _____ **Online** _____
Nutri _____ **A&P** _____ **Comm** _____ **Total** _____
7. Materials required by students to do the course:

(Optional: chromatic forks, tuning forks, essences, chakra chimes, books)
8. List of Instructors certified to teach this course:

9. Course Taught a minimum of 3 times: _____
10. Competence assessment evaluation: **Oral** _____ **Practical** _____

You may electronically fill out this form and email with the following:

Checklist of Category A Requirements

While planning a series of courses, in order for the material to be cohesive with the established techniques used by Energy Kinesiologists, and approved by the Energy Kinesiology Association, the following concepts must be a part of the training process for your students. In establishing beginning, or Category A courses, at least three of the following topics must be addressed.

1. Understanding and application of Muscle Response Testing. Page_____
2. An overview of the relationships between meridians, acupoints and organs and glands. Page_____
3. The use of Alarm Points. Page _____
4. The introduction and explanation and application of Neurolymphatic reflex points. Page_____
5. The introduction and explanation and application of Neurovascular reflex points. Page_____
6. The demonstration and inclusion of Pauselock, i.e. Circuit Retaining Mode, or Putting it in Circuit. Page_____
7. A description of Finger Modes, their practice and application. Page_____
8. Clearly written procedures in your manual that includes identification of the issue, a challenge and balancing techniques. Page_____
9. Information that adds to the students understanding of the “Triad of Health”, and covers at least one of the concepts. Page_____
10. Assessment tools for determining students understanding the concepts, and application of the techniques. Page_____

Additional forms to submit via email to: cab@energyk.org

- 1. Electronic version of Complete workshop Manuals (This may need to be submitted via DropBox)
- 2. Electronic version of Hand Outs
- 3. Resume of Course Developer
- 4. Samples or methods of Advertising
- 5. Certificate given to students

Included in Submission Form Packet:

- 6. Signed Code of Ethics
- 7. Course evaluations
- 8. Copyright Form, if desired
- 9. \$2 per credit hour of class (may be mailed, or submitted using PayPal.)

Additional notes for Reviewer:

Date received: _____

Date approved: _____

Signature of Reviewer _____