



SIMPLY THE BRAIN 1



SIMPLY THE BRAIN 1- Introduction to the Brain

Introduction:

Simply the Brain 1 - Introduction to the Brain is designed to introduce you to the anatomy and physiology of the brain. The areas we will learn to work with are crucial for defusing powerful emotions that cause **deep-seated emotional stress** and even **PTSD** (Post Traumatic Stress Disorder). This course is excellent preparation for the **LEAP Brain Integration** series.

What you will learn in *SIMPLY THE BRAIN 1*:

- the areas of the brain, with specific emphasis on the cortex and limbic system
- the function of the cerebral cortex
- the lobes of the brain and the function of each
- the lateralisation of the cerebral hemispheres
- to describe and list the functions of the following areas of the brain:
 - Cerebral cortex
 - Limbic system
 - Cerebellum
 - Amygdala
 - Locus Coeruleus
 - Bed Nucleus of the Stria Terminalis
- factors that impact on brain function and stress modulation
- the brain format set-up and evaluation process
- how to set up a Kinesiology session to balance the Amygdala, Stria Terminalis and Locus Coeruleus with emotions.
- **Release your own traumas while learning to assist others in their healing.**

Prerequisites: Basic Kinesiology Training, preferably Pause Lock (Stacking).

Ruckersville Dates: **2 days** **Sept 26-27, 2017** **\$450**



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Simply the Brain 1 - Introduction to the Brain - 2 days Instructor: Jacque Mooney

Please enclose a deposit of \$300 for the **Simply the Brain 1 Workshop** in:

_____ Ruckersville, Virginia Sept 26-27, 2017 \$450*

***Special Offer:** If you are attending another kinesiology course in Ruckersville instructed by Jacque Mooney, such as LEAP Brain Integration 1 or LEAP Brain Integration 2, you are eligible for \$100 off the total cost.

Deposits are required three weeks prior to the course and are non-refundable.

NAME: _____

TEL: _____ **Mob:** _____

ADDRESS: _____ **POSTCODE:** _____

EMAIL ADDRESS: _____

Contact to pay deposit and return this form:
Chena Anderson ND email: brilliantmindnd@gmail.com
Phone: +1 (417) 827 2561

Payments to: Chena Anderson, 175 Lamm Rd., Ruckersville VA 22968

Repeaters half price for all courses plus \$50 manual/handout fees.

*** Please note:** *Before booking flights or accommodation, please confirm the course is proceeding as planned.
In the case that the course may be cancelled, every endeavour will be made to give as much notice as possible.*

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