

**Energy Kinesiology Association**  
**Certification & Accreditation Board**

**EnKACAB<sup>®</sup>**  
**Certification**  
**Application**  
(Version August 2020)

## **EnKA® Certification Application Requirements**

Certification requires that your hours of training in Energy Kinesiology be verified by the Certification and Accreditation Board (CAB). There are three levels of certification available as listed below. All certified levels are required to read, sign and return the Code of Ethics.

**Certified Energy Kinesiologist Level 1, CeNK<sup>1</sup>**, *demonstrates a foundation in the basic principles of Kinesiology and demonstrates, via the 'stream,' the beginning of specialization. 250 Kinesiology hours + 8 hours Ethics + First Aid Certification*

- 100 hours of Category A courses
- 75 hours minimum of Category B Accredited classes which are 'streams' from your Category A classes
- 75 hours of other Category A, B, or Elective courses, repeats or conference attendance
- 8 hours of EnKA® Ethics 1
- First Aid or CPR certification

**Certified Energy Kinesiologist Level 2, CeNK<sup>2</sup>**, *demonstrates a deepening of education both in Kinesiology and related studies. In addition to classes taken for Level 1, an additional 250 hours of Kinesiology training plus 220 hours of related classes are required. All approved hours of Level 1 apply towards requirements for Level 2, for a total of 500 Kinesiology and 220 other class hours. If you are applying for the first time at Level 2, submit all documentation for Levels 1 and 2. If you are already Certified Level 1, submit documentation for:*

- 125 hours minimum additional hours in Category B Accredited classes which are 'streams' from your Category A classes
- 125 minimum additional hours in other Category A, or Category B or Elective classes, repeats or conference attendance
- 8 hours of EnKA® Ethics 2
- Current First Aid or CPR certification
- Clarification is detailed in Appendix 9

In addition to Kinesiology hours, Certified Energy Kinesiologist Level 2 requires class hours in these subjects:

- |                              |                                       |
|------------------------------|---------------------------------------|
| • Anatomy & Physiology       | 100 hrs of EnKA® CAB approved courses |
| • Nutrition                  | 40 hrs of EnKA® CAB approved courses  |
| • Communication/Interactions | 40 hrs of EnKA® CAB approved courses  |
| • Business Management        | 40 hrs of EnKA® CAB approved courses  |

**Certified Energy Kinesiologist Level 3, CeNK<sup>3</sup>**, demonstrates a broad range of education in a variety of Kinesiology disciplines. In addition to classes taken for Levels 1 and 2, an additional 500 hours of Kinesiology training plus 50 hours of Anatomy & Physiology are required. All previously approved hours apply towards requirements for Level 3, for a total of 1000 Kinesiology and 274 other class hours. If you are applying for the first time at Level 3, submit all documentation for Levels 1, 2 and 3. If you are already Certified Level 2, submit documentation for:

- An additional 500 hours of EnKA<sup>®</sup> CAB accredited training \*  
(Total of 100 hours Level A, 300 level B, 600 A, B or Elective)
- An additional 50 hours Anatomy & Physiology  
(Total of 150 hours A & P)
- 4 hours CAB<sup>®</sup> Ethics 3
- First Aid or CPR current certification

*\*up to 200 hours of repeat coursework may be logged for credit.*

### **Additional Information**

- Anatomy and Physiology (A&P), Nutrition, Communication and Business courses must be from an approved school, **and/or** an approved EnKA<sup>®</sup> CAB course.
- A portion of the A&P hours may be from an online course such as the University of Phoenix, to be approved by CAB. *Please contact your CAB representative.*
- Please include copies of your transcripts.
- All 3 Ethics courses are required and strongly recommended.
- Please include a copy of your Ethics certificate of completion.
- If you are already certified as a level I or 2 Professional and you are applying to advance your standing, you need only include the additional requirements and let us know that you are already a level 1 or 2 professional in your application package.
- Please note: Since Ethics is currently only taught at Conference, we will waive your Ethics requirement for one year if you intend to take it at the next conference. Don't wait to certify!
- First Aid or CPR courses can be taken locally, and we advise you to stay current.
- The Business Management requirement may be waived, if the applicant can demonstrate practical business experience. *Please contact your CAB representative.*

# EnKA Certified Practitioner Application Form

## Level 1

Name: \_\_\_\_\_

Date: \_\_\_\_\_

*Please provide your documentation in the same order as you have listed below.*

### Category A Courses for Level 1: min 100 hours

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total :</b> _____							

### Category B Courses for Level 1: min 75 hours

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total :</b> _____							

### Electives for Level 1: Including optional EnKA Conf hrs (25 Max)

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total :</b> _____							

**Total Category A,B & Elective Hrs (250 min)** \_\_\_\_\_

**Ethics I Class: 8 hrs** Where \_\_\_\_\_ When \_\_\_\_\_

**Copy of First Aid or CPR Certificate** \_\_\_\_\_





**Communication/Interactions: 40 Hrs**

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total:</b> _____							

**Business Management: 40 Hrs**

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total:</b> _____							

**Ethics 2 Class: 8 hrs** Where \_\_\_\_\_ **When** \_\_\_\_\_

**First Aid or CPR(recommended):** Expiration Date \_\_\_\_\_





**Electives for Level 3:** Including optional EnKA Conf hrs (25 Max)

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total:</b> _____							

Previous Level 1& 2 Elective Hrs \_\_\_\_\_ Total Elective Hrs \_\_\_\_\_  
 Total Category A, B & Elective Credit Hrs (1000 minimum) \_\_\_\_\_

**Required Non Kinesiology Hours**

**Anatomy & Physiology Level 3: 50 hrs, 150 hrs total**

Course	Instructor	Location	Mo/yr	Hours	Repeat	Docs	Off.
<b>Total:</b> _____							

**Ethics 3 Class: 4 hrs** Where \_\_\_\_\_ **When** \_\_\_\_\_  
**First Aid or CPR(recommended):** Expiration Date \_\_\_\_\_

# EnKA Certified Practitioner Application Form

## Personal / Payment Information

### Personal Information

Date of Application \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Name: \_\_\_\_\_ Business name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Cell: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

### Payment Information

Method of payment for Administration Application Fee (and Professional Membership if necessary):  
Contact the VP of Membership for other payment options.

Payment by Check: # \_\_\_\_\_ (payable to EnKA) Amount of Payment: \$ \_\_\_\_\_  
Payment by credit card: Visa  MasterCard  Bankcard  (please check)  
Name on card: \_\_\_\_\_ Expiration Date: \_\_/\_\_/\_\_\_\_ Zip Code: \_\_\_\_\_  
Card number: \_\_\_\_\_ 3 digits on back \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Payment Items

Professional EnKA Membership Dues- \$100. (Check only if NOT already a Professional Member)   
CEnK Level 1 Application: \$50   
CEnK Level 2 Application: \$100   
CEnK Level 3 Application: \$150   
Total \$ \_\_\_\_\_

Once your application has been processed and approved, you will be notified of your success and receive your new CEnK Certificate by mail. This certificate will be good until your Membership Anniversary Date. The EnKA VP Membership will forward a letter regarding your new membership status and when that fee is due. Thereafter, all CEnK certificates will be good for one year.

# EnKA Certified Practitioner Application Form

## Enclosure Check Boxes & Agreement Statement

- **Level 1** Application.
- Copies of ALL **Level 1** documentation.
- **Level 2** Application.
- Copies of ALL **Level 2** documentation
- **Level 3** Application
- Copies of ALL **Level 3** documentation
- Copy of current First Aid/CPR Card
- Signed Ethics Form
- I have completed my personal and payment information.
- I have enclosed a check  arranged payment to EnKA  or paid online

Documentation includes:

1. Forms may be filled out online and returned by email, or printed and mailed.
2. You must include a Certificate for each course (copy, or digital copy)
3. Include Transcripts for coursework taken at outside institutions, ie. Massage school.
4. Please provide your documentation in the same order as you have listed above. Staple or paper clip each segment of documentation together
5. Initial the Code of Ethics found on pg. 12.
6. Make a copy, or save each completed page of this application and save it for your records and your next level of application.

### **Please read the following carefully and sign below:**

I understand and agree to abide by the Energy Kinesiology Association Practitioner Code of Ethics. I understand I must keep my membership in the Energy Kinesiology Association current and provide documentation of 24 hours of Continuing Ed every 2 years in order to keep my Professional Certification Level. I understand that all information I have submitted shall be kept confidential. I hereby certify that all information submitted in this application to be true and correct to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(If filling the form out online, you may type your signature in the above box.)

**This Code of Ethics is a summary of the general principles  
of acceptable, ethical professional behavior within the Energy Kinesiology community.  
Within the many different schools of Energy Kinesiology,  
we all share a common foundation:  
to provide services that promote the greatest good for the client.**

*In my willingness to promote awareness of ethics within the kinesiology community, and myself, I will:*

- \* Conduct business and professional activities with integrity, in a professional, honest, and fair manner.
- \* Perform only those services for which I am qualified and represent my education, certifications, professional affiliations and other qualifications honestly. I will make a referral, when appropriate and if possible.
- \* Acknowledge the inherent worth and individuality of each person by honoring clients' and students' religious, spiritual, health, education, political and social views, and life choices, not discriminating against, race, creed, color, gender, and sexual orientation.
- \* Accept responsibility to maintain my physical, mental, emotional and spiritual well being.
- \* Refrain from diagnosing, prescribing, or treating any medical disorder unless licensed to do so.
- \* Strive for professional excellence through ongoing assessment of personal strengths, limitations and effectiveness, and by continued education and training.
- \* Abide by all applicable laws governing Energy Kinesiology. I shall consider working for the repeal or revision of laws detrimental to the legitimate practice of Energy Kinesiology.
- \* Acknowledge the confidential nature of the professional relationship with my client. I will respect each client's right to privacy, disclosing confidential information only when either authorized by the client or mandated by law.
- \* Respect the professional status of other Energy Kinesiologists and other health care practitioners.

Additionally, I acknowledge that my own development, personally and professionally, enhances the value of what I am able to offer to my clients and students. The foundation of ethical conduct is being mindful of and discerning in my thoughts, feelings, words and behaviors. I will strive to include mindfulness and discernment in my personal and professional goals.

In the conduct of my business and association, I am and continue to be guided by the above ethics.

Entering my initials in the adjacent box signifies I have read and agree to be guided by this Ethics statement.